

BIOGRAPHY

Dr. Dametria L. Ewunes AKA Dr. Dee, a graduate of the Illinois School of Professional Psychology at Argosy University, is a mental health independent contractor who specializes in mental health assessments and disability determinations. Dr. Dee is currently a professor of counseling psychology at Wolaita Sodo University in Ethiopia. Dr. Dee also identifies as a general practitioner therapist with a wealth of clinical and work experience in hospital intake departments, inpatient, outpatient, private practice, adult day treatment program, residential, agency, and school settings. She has provided treatment for clients who struggle with mild, moderate, severe, and chronic mental illnesses and developmental disabilities including. Dr. Dee provides therapy from an integrative approach, primarily utilizing Person-Centered and Cognitive Behavioral approaches to therapy. This involves using a non-directive approach while providing a safe therapeutic environment for the client to decide the direction of his or her life and increase self-awareness. When the client is ready, Dr. Dee introduces effective coping skills for the self-identified problem areas. Dr. Dee enjoys the integration of issues of religion/spirituality into treatment and does so as the client desires. Dr. Dee also enjoys the integration of culture and diversity issues in psychology.